

Sonic

| Items | Calories | Saturated Fat (g) | Sodium (mg) | Carbohydrates (g) | Fiber (g) | Protein (g) |
|----------------------------------------|----------|-------------------|-------------|-------------------|-----------|-------------|
| Breakfast | | | | | | |
| French Toast Sticks - 4pc no syrup | 480 | 4.5 | 460 | 54 | 3 | 8 |
| Bacon Jr Breakfast Burrito | 270 | 6 | 870 | 22 | 1 | 13 |
| Burgers | | | | | | |
| Jr. Burger | 330 | 4 | 710 | 33 | 2 | 14 |
| Hatch Green Chili Burger w/o cheese | 590 | 7 | 800 | 49 | 2 | 27 |
| Chicken | | | | | | |
| Crispy Chicken Sandwich | 520 | 4.5 | 1470 | 52 | 3 | 24 |
| Jumbo Popcorn Chicken Small | 330 | 3.5 | 1100 | 24 | 3 | 16 |
| Southwest Crunch Queso Wrap (NO Queso) | 360 | 6 | 1010 | 32 | 1 | 14 |
| Crispy Tenders 5 pc | 430 | 2 | 1210 | 27 | 3 | 35 |
| Crispy Tenders 3 pc | 260 | 1 | 730 | 16 | 2 | 21 |
| Fish | | | | | | |
| Kids Meals | | | | | | |
| Crispy Tenders (2) | 170 | 0.5 | 490 | 11 | 1 | 14 |
| Snack & Sides | | | | | | |
| Tree Top Apple Sauce | 45 | 0 | 0 | 13 | 2 | 0 |
| Groovy Fries Small | 260 | 2.5 | 570 | 28 | 4 | 2 |
| Dressings | | | | | | |
| Honey Mustard | 90 | 1.5 | 170 | 6 | 0 | 0 |
| BBQ Sauce | 40 | 0 | 360 | 9 | 0 | 0 |
| Sweet Relish | 10 | 0 | 55 | 3 | 0 | 0 |

Summer 2024