



## **Raising Cane's**

Individual Items:	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Chicken Finger	130	1	190	5	1	13
Crinkle-Cut Fries	390	2	310	49	7	5
Texas Toast	140	1.5	260	23	1	4
Coleslaw	100	1	310	11	1	1

Combos (no drink):	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Protein (g)
Kids Combo	630	6	1100	38	5	29
** replace fries w/ coleslaw	340	5	1100	0	0	25
3 Finger Combo	1020	9	1640	81	10	47
** replace fries w/ coleslaw	730	8	1640	43	4	43
Chicken Sandwich Combo	1080	8	1700	103	10	52
** replace fries w/ coleslaw	790	7	1700	65	4	48
** 2 chicken fingers and coleslaw	360	3	690	21	3	27

## **DID YOU KNOW**

There are 190 calories in Cane's Sauce. A Heinz Dip & Squeeze Ketchup packet has 30 calories.

A regular size of Cane's Sweet Tea has 140 calories and 36g of sugar. A Cane's Unsweet Tea size regular has 0 calories and 0g of sugar.

The recommended daily intake of sodium is 2300mg.



