

## Torchy's Tacos

	Calories	Saturated Fat (g)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Protein (g)
<b>Breakfast Tacos</b>						
Migas on Corn	384	7	656	35	2	17
Migas on Flour	364	7	839	25	2	18
#2 Potato, Egg, Cheese on Corn	354	6	411	36	1	16
#2 Potato, Egg, Cheese on Flour	334	6	591	26	1	17
#5 Potato, Black Bean, Cheese on Corn	386	4	684	65	8	16
#5 Potato, Pinto Bean, Cheese on Flour	337	4	616	47	6	16
#5 Potato, Pinto Bean, Cheese on Corn	357	4	436	57	6	15
#6 Bacon, Egg, Spinach on Corn	362	6	746	26	0	20
#6 Bacon, Egg, Spinach on Flour	342	6	926	16	0	21
<b>Damn Good Tacos</b>						
Brushfire on Flour	281	2	876	23	1	22
Chicken Fajita on Corn	374	5	449	29	1	25
Chicken Fajita on Flour	354	5	629	19	1	26
Green Chili Pork on Corn	248	3	656	33	1	17
Green Chili Pork on Flour	228	3	836	23	1	18
<b>Not a Taco *no dressing</b>						
Airstream Salad w/ Chicken	462	4	776	32	7	30
Airstream Salad w/ Salmon	537	6	1334	35	7	32
<b>Kids Menu</b>						
Bean & Cheese Taco - Flour	353	4	675	49	8	19
Bean & Cheese Taco- Corn	373	4	495	59	8	18
Grilled Chicken Taco - Corn	300	4	202	25	0	24
Grilled Chicken Taco Flour	280	4	382	15	0	25
<b>Chips and Salsa</b>						
Tomatillo Sauce & Chips	189	0	480	28	0	2
Tomatillo Sauce (1 oz)	5	0	0	60	0	0
Roja Sauce (1 oz)	8	0	109	2	0	0